



Module 3

IT Can Help Useful resources and information

This pack intention is to contain information provide my exiting volunteers

Resources for volunteers

ITCH Yahoo Group (ITCH members only)

- ITCH Yahoo group can be accessed at
- <http://uk.groups.yahoo.com> (Sign in required)
- Click on Files
- Volunteer Documents
- Procedures and Policies
- Publicity>Posters>
- Volunteer forms (expense claim forms)
- Technical Reference

AbilityNet Factsheet (Free)

- AbilityNet <http://www.abilitynet.co.uk>
- Click the At home tab(top of page)
- Select factsheets/Free resources(on the left)
(http://www.abilitynet.co.uk/athome_factsheets)
- Select Factsheets
- numerous sheets inc (Hearing Impairment and Computing, Keyboard and Mouse Alternatives, My Computer my way! A Guide to Making your PC Accessible, Useful low cost programs and many more)
- Skill Sheets (Useful information to leave with customer, and for self learning)

BBC – My Web My Way(Free)

- Essential information.
- See <http://www.bbc.co.uk/accessibility/>
- Windows
- Mac
- Linux



AbilityNet online training course (restricted access, sign up required)

- Over 50+ courses
- <http://www.abilitynettraining.org/>
- ITCH wishes you to complete 2 courses before exploring further.
 - Introduction to AT
- Introduction to the DDA and disability awareness
- Further information contact (Andy McMahon) training@itcanhelp.org.uk,

NHS – Introduction to IT. -Useful for clients

- Provided by NHS Scotland
- <http://www.learningcentre.scot.nhs.uk/cmselib/vlc/it--information-skills/introduction-to-it.aspx?referer=AAS&un=nouusername>

USB apps for diagnosis, cleanup and free software installation

Available from <http://portableapps.com>

Now you can carry your favourite computer programs along with all of your bookmarks, settings, email and more with you. Use them on any Windows computer. All without leaving any personal data behind.

- [ClamWin Portable](#) (antivirus)
- [Mozilla Firefox, Portable Edition](#) (web browser) Download the web without changing users web history. Or when users browsers has been infected/ compromised.
- [JkDefrag Portable](#) Disk defragmentation and optimization
- [Xenon File Manager Portable](#) - portable file browser

Free portable USB assistive technology

- Created by higher education central information technology advice centre(JISC).
- <http://www.rsc-ne-scotland.ac.uk/accessapps/>
- Works on same technology as portable apps
- Application list available here <http://www.rsc-ne-scotland.ac.uk/accessapps/>
- Applications
 - Freemind - mind-mapping,
 - Hott notes 4 - sticky notes
 - AMIS - DAISY reader
 - DSpeech - text to speech
 - QuickRes - change resolution
 - Click-N-Type - virtual keyboard
 - MouseTool - automated clicking
 - TopOCR - convert images to text, Install Thunder screen reader
 -and many more

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